



# LEADERSHIP VALUES GUIDE

## VAL·UE

/'valyoō/

A person's principles or standards of behavior; one's judgment of what is important in life.

Your values determine how you show up as a leader. They guide your decisions and actions, influence who you hire, and impact morale for your entire organization. Your **values encompass your passions, talents, and strengths** as well as how you believe the world should work. By identifying your core values, you have laid the first brick on your foundation for achieving big goals and becoming a **Courageous Leader**.

Before you set those big goals, think about **what is important to you deep down**.

**How do you want to interact with others and yourself?** What motivates you to move through life? What do you want to stand for? What qualities do you want people to describe you as having?

There are over **40 Values** listed on the following pages to get your mind going. Feel free to add to the list. Identify each value as either **1; highly important, 2; important, or 3; less important**. There are no right or wrong values, so be completely honest with yourself here. You might end up with a lot of highly important values, and that's ok. We'll narrow them down at the end. You might end up with only a few, and that's okay, too. These are **YOUR** values, no one else's.



BELINDA EGAN  
COURAGEOUS LEADERSHIP

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1	2	3	VALUE
			<b>ADVENTURE:</b> To be adventurous; to actively seek and create experiences.
			<b>AUTHENTICITY:</b> To be authentic, genuine, real; to be true to myself.
			<b>BEAUTY/ART:</b> To appreciate, create, nurture or cultivate beauty in the world.
			<b>COMPASSION:</b> Understanding the suffering of others and wanting to help.
			<b>COMPETITION:</b> To be energized by a sense of rivalry; to be respected in an arena.
			<b>CONNECTION:</b> To engage fully in what I am doing; to be fully present.
			<b>CONTENTMENT/PEACE:</b> Being free from tension and anxiety; your cup is full.
			<b>CREATIVITY:</b> To be creative or innovative.
			<b>CURIOSITY:</b> To be curious, open-minded, and interested; to explore and discover.
			<b>DIVERSITY:</b> The understanding that each individual is unique; accepting.
			<b>EXPRESSIVENESS:</b> To share my feelings so openly and that others do the same.
			<b>FAITH/RISK/VISION:</b> To commit to a cause; to champion a way of life.
			<b>FAMILY:</b> Placing a high importance on the closeness of family; no matter the cost.
			<b>FLEXIBILITY:</b> To adjust and adapt readily to changing circumstances.
			<b>FREEDOM:</b> To live freely; to choose how I live and behave.
			<b>FUN:</b> To be fun-loving; to seek, create, and engage in fun-filled activities.
			<b>GENEROSITY:</b> Willingness to give resources, help, or time to others.
			<b>GOODNESS/INTEGRITY:</b> Sticking to my moral and ethical principles and values.
			<b>GRATITUDE:</b> To be grateful for and appreciative of the positive aspects of life.
			<b>GROWTH/IMPROVEMENT:</b> To keep growing, advancing, and improving in life.



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			<b>HONESTY:</b> To be honest, truthful, and sincere with myself and others.
			<b>HONOR:</b> To have high respect for those in authority; or to be held in high esteem.
			<b>HOPE:</b> No matter the circumstances, there is a belief that the best is yet to come.
			<b>HUMILITY:</b> To be humble or modest; to truly put others above self.
			<b>HUMOR:</b> To see and appreciate the humorous side of life.
			<b>INDEPENDENCE/AUTONOMY:</b> To be self-supportive; to choose my own way.
			<b>LEADERSHIP:</b> To have an effect on the character and development of others.
			<b>INNOVATION:</b> To introduce and originate creative ideas for positive change.
			<b>JUSTICE:</b> To uphold justice and fairness.
			<b>KINDNESS:</b> To be kind, compassionate, or considerate to others and myself.
			<b>MINDFULNESS:</b> To be conscious of, open to, and curious about my experiences.
			<b>NATURE:</b> Finding joy being outdoors; having an affinity for experiencing nature.
			<b>ORDER:</b> To be orderly and organized. Efficiency.
			<b>PERSISTENCE:</b> To continue resolutely, despite problems or difficulties.
			<b>PRODUCTIVITY:</b> To feel energized by generating and completing tasks.
			<b>RESPONSIBILITY:</b> To be responsible and accountable for my actions.
			<b>SELF-CARE:</b> To look after my health and wellbeing and get my needs met.
			<b>SIMPLICITY:</b> Freedom from complexity and intricacy.
			<b>TRADITION:</b> To respect and create history in my life so as to enrich its meaning.
			<b>TRUTH:</b> The intense pursuit and discovery of ultimate truth above all else.



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## MY TOP 5 GUIDING VALUES

01. \_\_\_\_\_
02. \_\_\_\_\_
03. \_\_\_\_\_
04. \_\_\_\_\_
05. \_\_\_\_\_

What will I do to ensure I am living out my top 5 values each day?